

Ionia Elementary School

Lunch Menu

December 2017

Pizza, taco, low fat grilled chicken breast/bun*; hamburger/bun* and pbj (WOW butter, jelly-TR) sandwich with string cheese are the main choices available every day.

The fifth Choice offerings for the month are:

1) Cheese filled bread

Sticks(2)*/**

Lima beans/pineapple

4) Chef's Salad

Grape tomatoes/
cucumbers/peaches

5) Dippin' Chicken Nuggets

M. Potatoes/strawberries

6) Paul Bunyan Beef

Stew/roll* corn/applesauce

7) Hot Diggity Dog*

French fries/peaches

8) Cheese filled bread

sticks(2)*/**

Lima beans/pears

11) Burrito*

Refried beans/pears

12) Chicken Smackers

M. Potatoes/peaches

13) Spaghetti Mt with meat sauce
mixed vegetables/m. oranges

14) French Toast Sticks and
Sausage

Green beans/warm apple slices

15)) Cheese filled bread

sticks(2)*/**

Peas /pineapple

18) Ham slice, Au
Gratin Potatoes, **Treat
w/Lunch**

Green beans/m. oranges

19) Dippin' chicken Nuggets

M potatoes/peaches



*Whole Grain Bun/Bread

**Reduced fat

HAPPY HOLIDAYS

What Comes with the Meal

In addition to the main dish; the following items will be available: Lettuce, fresh baby carrots, ff salad dressings, plus one vegetable, one fruit and bread and a ½ pint of milk with the choice of 1% white or skim chocolate is included with the lunch.

Lunch prices: Elementary Students \$ 2.30, Staff and Adults varies by school.

Milk is available for purchase with out a lunch for \$.35 per ½ pint.

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