

Ionia Elementary School

Lunch Menu

August/September 2017

Pizza, taco (2 taco Friday's), low fat grilled chicken breast/bun*; hamburger/bun* and pbj (WOWbutter, jelly-TR) sandwich with string cheese are the main choices available every day. **The Choice offerings for the month are:**

Aug 23) Taking a Walk with a Taco

Diced tomatoes/corn/M. oranges

24) French Toast Sticks/sausage

Green Beans/warm apple slices

25) Cheese Filled Bread

Sticks** (2) Lima beans/pineapple

28) School Made Gilled Cheese

tomato soup, crackers/mixed fruit

29) Dippin' Chicken Nuggets

Mashed potatoes/Fresh peaches

30) Corn Puppies (6)

Green beans/M. oranges

31) Cheeseburger on a bun is fun!

corn/pears

Sept 1) NO SCHOOL

4) Labor Day- NO SCHOOL

5) Dippin' Chicken Nuggets

Mashed potatoes/peaches

6) Macaroni & Cheese, Please!

Cooked baby carrots/mixed fruit

7) Hot Diggity Dog/bun*

Welcome back cookie with lunch!

French fries/pears

8) Cheese Filled Bread Sticks**

(2)Lima beans/pineapple

11) Burrito

Refried beans/pears

12) Dippin' Chicken Nuggets**

Mashed potatoes/peaches

13) Meat Sauce on Spaghetti Mt.

Mixed vegetables/pears

14) Chicken Quesadilla

corn/fresh kiwi

15) Cheese Filled Bread

Sticks** (2)

Peas/pineapple

18) Chef's Salad

Grape tomatoes/cucumbers/applesauce

19) Dippin' Chicken Nuggets**

Mashed potatoes/peaches

20) Sloppy Joe/WG Bun

G. beans/pears

21) Up periscope, Italian Sub.*

French fries/mixed fruit

22) Cheese Filled Bread

Sticks** (2) Lima beans/m. oranges

25) Teriyaki Chicken Asian Bowl

Broccoli/m.oranges

26) Dippin' Chicken Nuggets**

Mashed potatoes/peaches

27) Chile Con Carne

Corn/pears

28) Cheeseburger on a bun is fun!

Green beans/pineapple

29) Cheese Filled Bread

Sticks** (2)

Lima beans/mixed fruit

* Multi Grain Bun/Bread

**Reduced Fat



What Comes with the Meal

In addition to the main dish; and the daily fruit/vegetable, the following items will be available: Lettuce, Fresh baby carrots, Fresh Fruit, ff salad dressings and bread and butter; and a 1/2 pint of milk with the choice of 1% white or ff chocolate is included with the lunch.

Lunch prices: Elementary Students \$ 2.30 Staff and Adults varies by school.

Milk is available for purchase without a lunch for \$.35 per 1/2 pint.

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