

# Ionia Elementary School

## Lunch Menu

October 2017

**Pizza, taco, low fat grilled chicken breast/bun\*; hamburger/bun\* and pbj (WOW butter, jelly-TR) sandwich with string cheese are the main choices available every day.**

### The fifth Choice offerings for the month are:

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| 2) Burrito<br>Broccoli/mixed fruit                                  | 18) Take a Walk with a Taco<br>(Walking Taco) – diced tomatoes/<br>Corn & black bean relish/pineapple |
| 3) Dippin' Chicken Nuggets**<br>M. Potatoes/Fresh Kiwi              | 19) Up periscope, Italian Sub*<br>French Fries/Peaches  |
| 4) Stuffed Crust Pizza<br>corn/peaches                              | 20) Cheese Filled Bread<br>Sticks*/** Lima beans/pears  |
| 5) Cheeseburger on a bun is<br>fun! Green beans/applesauce          | 23) Burrito<br>Corn/applesauce  |
| 6) Cheese Filled Bread<br>Sticks*/**Lima beans/pizza<br>sauce/pears | 24) Dippin' Chicken Nuggets<br>M. Potatoes/warm apple slices  |
| 9) School Made Grilled<br>Cheese tomato Soup/pears                  | 25) Macaroni & Cheese,<br>Please! Cooked carrots/pears  |
| 10) NEW_ Chicken Smacker<br>Shakers** M. Potatoes/Mixed fruit       | 26) Hot Diggity Dog/bun*<br>French fries/baked beans/Peaches  |
| 11) Meat Sauce on Spaghetti Mt.<br>Mixed vegetables/pineapple       | 27) Cheese Filled Bread Sticks<br>Peas/pizza sauce/pears  |
| 12) Corn Puppies (6)<br>Baked beans/fruit sherbet                   | 30) Chef's Salad<br>Grape tomatoes cucumbers/applesauce   |
| 13) Cheese Filled Bread<br>Sticks*/** Peas/pizza sauce/pears        | 31) Zombie fingers*/**, vampire<br>delight, slime, witch's treat, Frog<br>Spit                        |
| 16) Teriyaki Chicken Asian<br>Bowl*** Broccoli/M. oranges           | *Multi grain Bun/Bread; **Reduced fat<br>items;   |
| 17) Dippin' Chicken Nuggets<br>M. Potatoes/mixed fruit              | Fresh fruit offered daily   |



**What Comes with the Meal** - In addition to the main dish; the following items will be available: Lettuce, salad dressings, plus one vegetable, one fruit and bread and butter; and a ½ pint of milk with the choice of 1% white or skim chocolate is included with the lunch.

Lunch prices: Elementary Students \$ 2.30, Staff and Adults \$ 3.40

Milk is available for purchase with out a lunch for \$ .35 per ½ pint.

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