

# Ionia High School

## Lunch Menu

December 2017

Pizza, taco, taco salad and reduced fat grilled chicken/bun\* are available every day.

### The Choice offerings for the month are:

1) Pull apart cheesy bread\*/\*\*  
Lima beans/pineapple

4) Grilled Chicken Caesar salad  
Grape tomatoes/  
cucumbers/peaches

5) Chicken Nuggets  
M. Potatoes/strawberries

6) Beef Stew/roll\* corn/applesauce

7) Hot Dog\*  
French fries/peaches

8) Cheese filled  
bread sticks(2)\*/\*\*  
Lima beans/pears

11) Wet Burrito\*  
Refried beans/pears

12) Chicken Smackers  
M. Potatoes/peaches

13) Spaghetti w/meat sauce  
mixed vegetables/m. oranges

14) French Toast Sticks and  
Sausage  
Green beans/warm apple slices

15) ) Pull apart cheesy bread\*/\*\*  
Peas /pineapple

18) Ham slice, Au Gratin  
Potatoes, **Treat w/Lunch**  
Green beans/m. oranges

19) Chicken Nuggets  
M potatoes/peaches

\*Whole Grain Bun/Bread

\*\*Reduced fat



**HAPPY HOLIDAYS**

### What Comes with the Meal

In addition to the main dish; the following items will be available: Lettuce, salad dressings, plus one vegetable, one fruit and bread and butter; and a ½ pint of milk with the choice of 1% white or ff chocolate is included with the lunch.

**Lunch prices: Middle School and Senior High (buffet line) Students\$ 2.55,  
Staff and Adults \$ 3.40 Milk is available for purchase without a lunch for \$ .35 per ½ pint.**

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