

Ionia Middle School

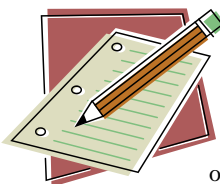
Lunch Menu

August/September 2017

Pizza*, hamburger/bun*, *grilled chicken/whole grain bun; Taco* and Taco Salad* offered daily.* Baked French fries are served on Thursdays.

The Fifth Choice offerings for the month are:

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| Aug 23) Walking Taco
Diced tomatoes/corn/M. oranges | 13) Meat Sauce on Spaghetti Mt.
Mixed vegetables/pears |
| 24) French Toast Sticks/sausage
Green Beans/warm apple slices | 14) Chicken Quesadilla
corn/fresh kiwi |
| 25) Cheese Filled Bread
Sticks** (2) Lima beans/pineapple | 15) Cheese Filled Bread
Sticks** (2)
Peas/pineapple |
| 28) School Made Gilled Cheese
tomato soup, crackers/mixed fruit | 18) Chef's Salad
Grape tomatoes/cucumbers/applesauce |
| 29) Chicken Nuggets
Mashed potatoes/ Fresh peaches | 19) Chicken Nuggets**
Mashed potatoes/peaches |
| 30) Mini Corn Dogs (6)
Green beans/M. oranges | 20) Sloppy Joe/WG Bun
G. beans/pears |
| 31) Cheeseburger/bun
corn/pears | 21) Italian Sub.*
French fries/mixed fruit |
| Sept 1) NO SCHOOL | 22) Cheese Filled Bread
Sticks** (2) Lima beans/m.
oranges |
| 4) Labor Day- NO SCHOOL | 25) Teriyaki Chicken Asian Bowl
Broccoli/m.oranges |
| 5) Chicken Nuggets
Mashed potatoes/peaches | 26) Chicken Nuggets**
Mashed potatoes/peaches |
| 6) Macaroni & Cheese
Cooked baby carrots/mixed fruit | 27) Chile Con Carne Corn/pears |
| 7) Hot Dog/bun* | 28) Cheeseburger/bun
Green beans/pineapple |
| Welcome back cookie with lunch!
French fries/pears | 29) Cheese Filled Bread
Sticks** (2)
Lima beans/mixed fruit |
| 8) Cheese Filled Bread Sticks**
(2)Lima beans/pineapple | * Multi Grain Bun/Bread
**Reduced Fat |
| 11) Wet Burrito
Refried beans/pears | |
| 12) Chicken Nuggets**
Mashed potatoes/peaches | |



What Comes with the Meal

In addition to the main dish; and the daily fruit/vegetable, the following items will be available: Romaine Lettuce, Fresh baby carrots, Fresh Fruit, ff salad dressings and bread and butter; and a ½ pint of milk with the choice of skim or 1% white or 1% chocolate is included with the lunch.

Lunch prices: Middle School Students \$ 2.55; Staff and Adults \$ 3.40

Milk is available for purchase without a lunch for \$.35 per ½ pint.

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