

lonia Middle School

Lunch Menu

December 2017

Pizza*, hamburger/bun*, *grilled chicken/whole grain bun*; Taco* and Taco Salad* offered daily.. Baked French fries are served on Thursdays.

The Choice offerings for the month are:

1) Cheese filled bread
Sticks(2)*/**
Lima beans/pineapple

4) Chef's Salad
Grape tomatoes/
cucumbers/peaches

5) Chicken Nuggets
M. Potatoes/strawberries

6) Beef Stew/roll*
corn/applesauce

7) Hot Dog*
French fries/peaches

8) Cheese filled bread
sticks(2)*/**
Lima beans/pears

11) Wet Burrito*
Refried beans/pears

12) Chicken Smackers
M. Potatoes/peaches

13) Spaghetti w/meat sauce
mixed vegetables/m. orange

14) French Toast Sticks and
Sausage

Green beans/warm apple slices
15)) Cheese filled bread
sticks(2)*/**
Peas /pineapple

18) Ham slice, Au Gratin
Potatoes, **Treat w/Lunch**
Green beans/m. oranges

19) Chicken Nuggets
M potatoes/peaches



*Whole Grain Bun/Bread

**Reduced fat

HAPPY HOLIDAYS

What Comes with the Meal

In addition to the main dish; the following items will be available: Lettuce, salad dressings, plus one vegetable, one fruit and bread and butter; and a ½ pint of milk with the choice of 1% white, or ff chocolate is included with the lunch.

Lunch prices: Middle School Students\$ 2.55 Staff and Adults \$ 3.40

Milk is available for purchase without a lunch for \$.35 per ½ pint.

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