

# Ionia Middle School

## Lunch Menu

February 2018

Pizza\*, hamburger/bun\*, *grilled chicken/whole grain bun; Taco\* and Taco Salad\* offered daily.* Baked French fries served on Thursdays.

### The Choice offerings for the month are:

1) Hot Dog\*

Oven fries/peaches

2) Cheese filled bread sticks\*\*(2)

Lima Beans/pears

5) Wet Burrito

Applesauce/refried beans

6) Chicken Smackers

M. potatoes/pineapple

7) Stuffed Crust Pizza

Green beans/peaches

8) Chicken Quesadilla

corn/m. oranges

9) Cheese filled bread sticks\*\*(2)

Peas/mixed fruit

12) School Made Grilled Cheese

Tomato soup/pears

13) Chicken Nuggets

M. potatoes/ peaches

14) Chips n' Cheese-TREAT!

Fresh diced tomatoes/mixed fruit

15) Cheeseburger/bun

Baked beans/ peaches

16) NO SCHOOL

19) NO SCHOOL

20) Chicken Smackers

M. potatoes/peaches

21) Spaghetti/meat sauce

Mixed Vegetables/pears

22) Hot Dog\*

Oven fries/peaches

23) Cheese filled bread

sticks\*\*(2) Lima beans/pineapple

26) Wet Burrito m. oranges/refried beans

27) Chicken Nuggets

M. potatoes/peaches

Macaroni & Cheese, Please!

Cooked carrots/pears

Reduced fat\*

Multi or Whole Grain bun/wheat bread\*\*



### What Comes with the Meal

In addition to the main dish; the following items will be available: Lettuce (romaine or taco shred daily), fresh baby carrots at least three times a week, assorted fresh fruit, salad dressings, plus one vegetable, one fruit and bread and peanut butter; and a ½ pint of milk with the choice of 1% white or ff chocolate is included with the lunch.

Lunch prices: Middle School Students\$ 2.55, Staff and Adults \$ 3.40

Milk is available for purchase without a lunch for \$ .35 per ½ pint.

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